

The impact of equine assisted learning

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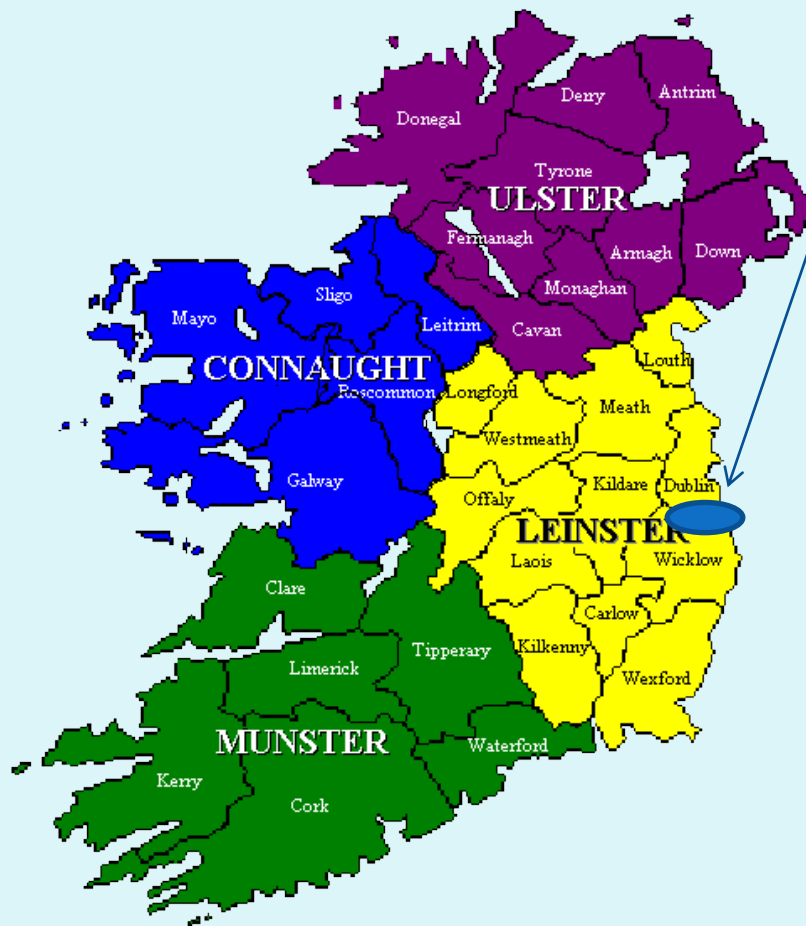
Equine Assisted Learning

The Project

- Background
 - Funding
 - Profile
 - Referrals
 - Programme / Sessions
 - Mainstreaming
-
- Research objectives
 - Methodology
 - Results



Festina Lente : Horses & People



- Bray, Co Wicklow (32,000)
- Est. 1988
- 40 staff
- 32 horses
- Training
- Employment
- Therapeutic Riding
- Equine Assisted Learning
- Recreational riding
- Research
 - UCD
 - QUEENS UNIVERSITY
 - Masters
 - PhD





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Equine assisted learning on youth experiencing educational inequity

Can it make a difference?

Communications



Equine Assisted Learning

Self-awareness



Self-confidence



Equine Assisted Learning

Self-Esteem



Personal Effectiveness



Equine Assisted Learning

Social Skills



Behavioural issues



The Research



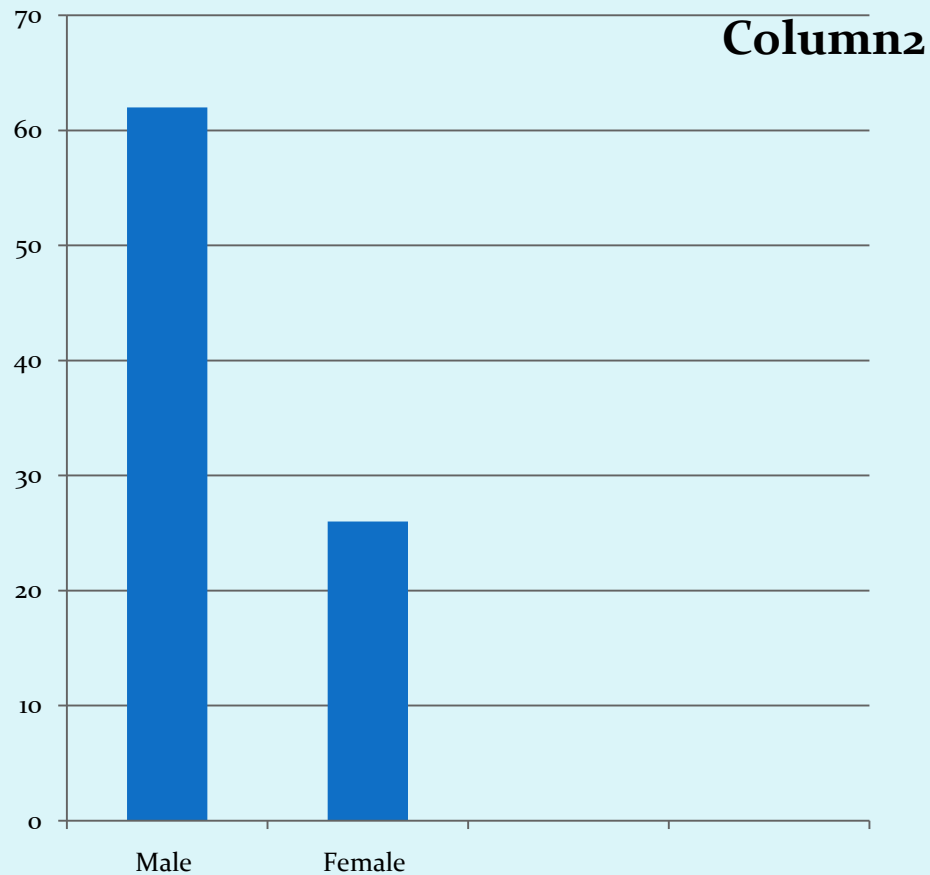
- 4 Programmes
- 88 children / parents / teachers T_1 , T_2 & T_3
- Interviews with 2 children / parents / teachers
- Self- report and observer
- Measures :
 - Children : 3 questionnaires
 - Parents/Teachers : 2 questionnaires
 - Interview Schedules

Methodology

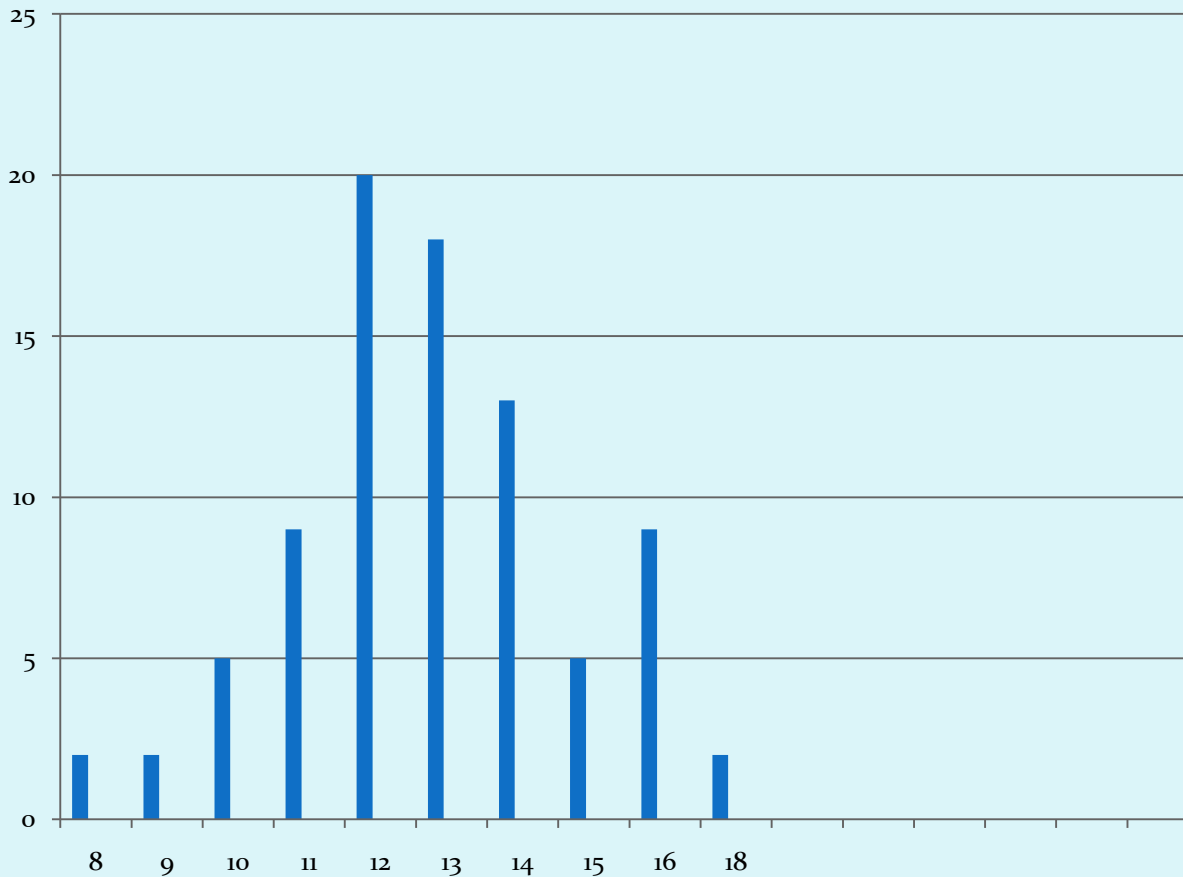
Mixed Methods – Quantitative & Qualitative

- Strengths & Difficulties Questionnaire (Goodman, 1997)
- Life Effectiveness Questionnaire (Youth at risk, O'Neill, 2003)
- Piers Harris Self-Concept Scale (1986)
- Open ended questionnaires

Participants - Gender



Ages of Young People

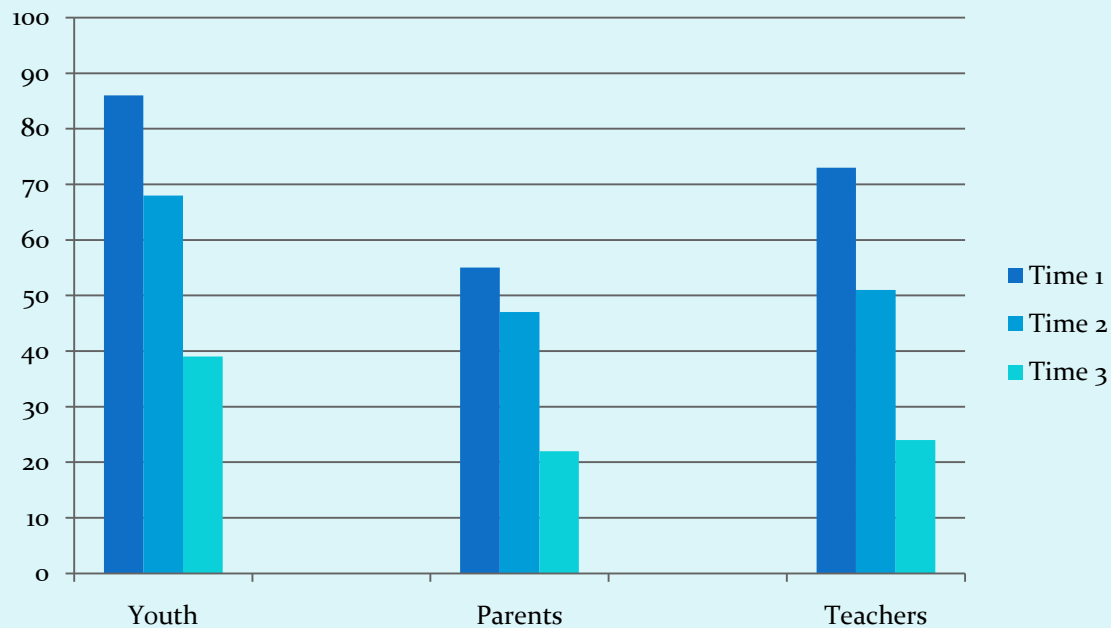


Progress to date

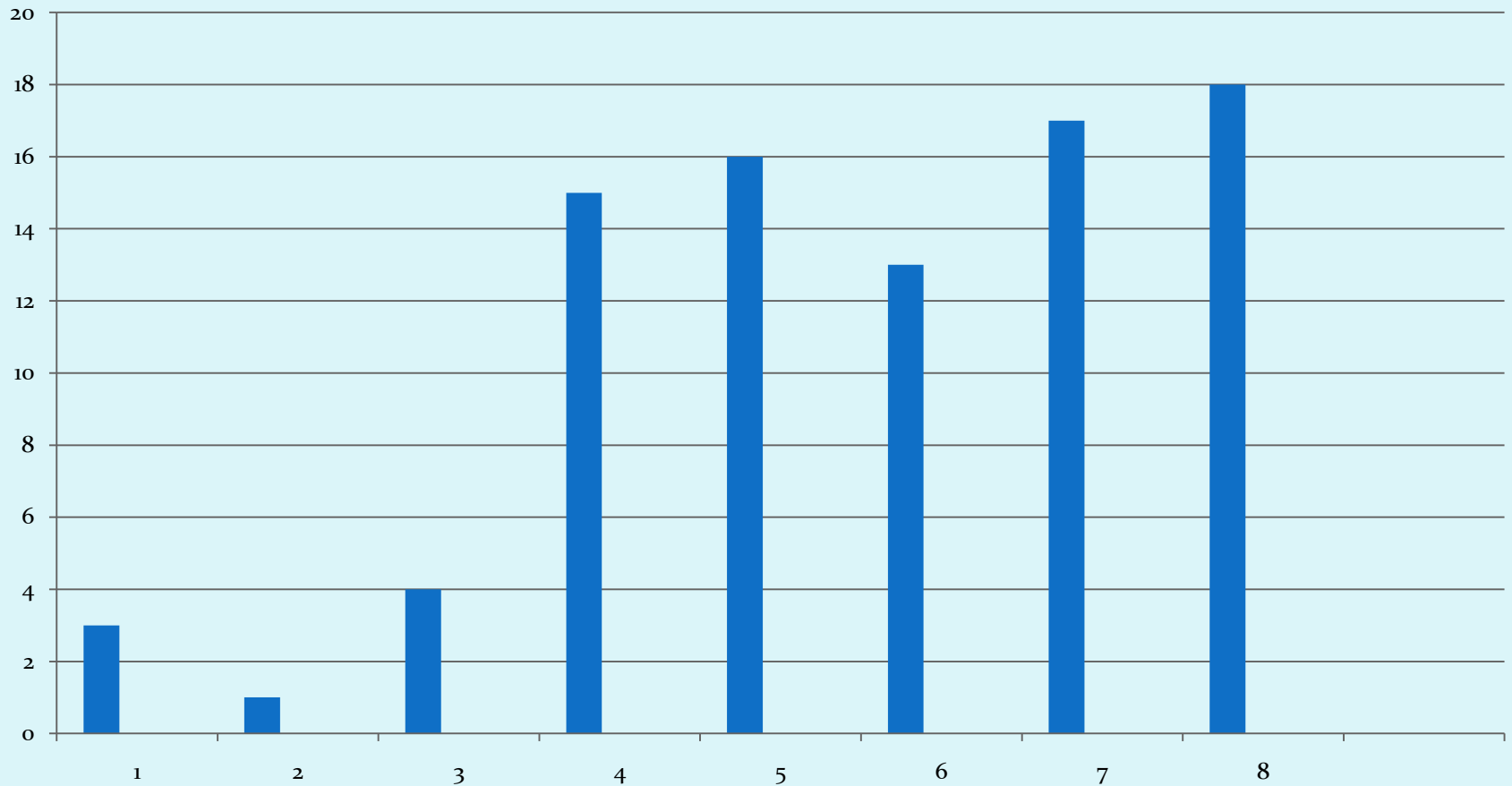
Results are based on T_1 , T_2 & T_3

Interviews for all four Programmes

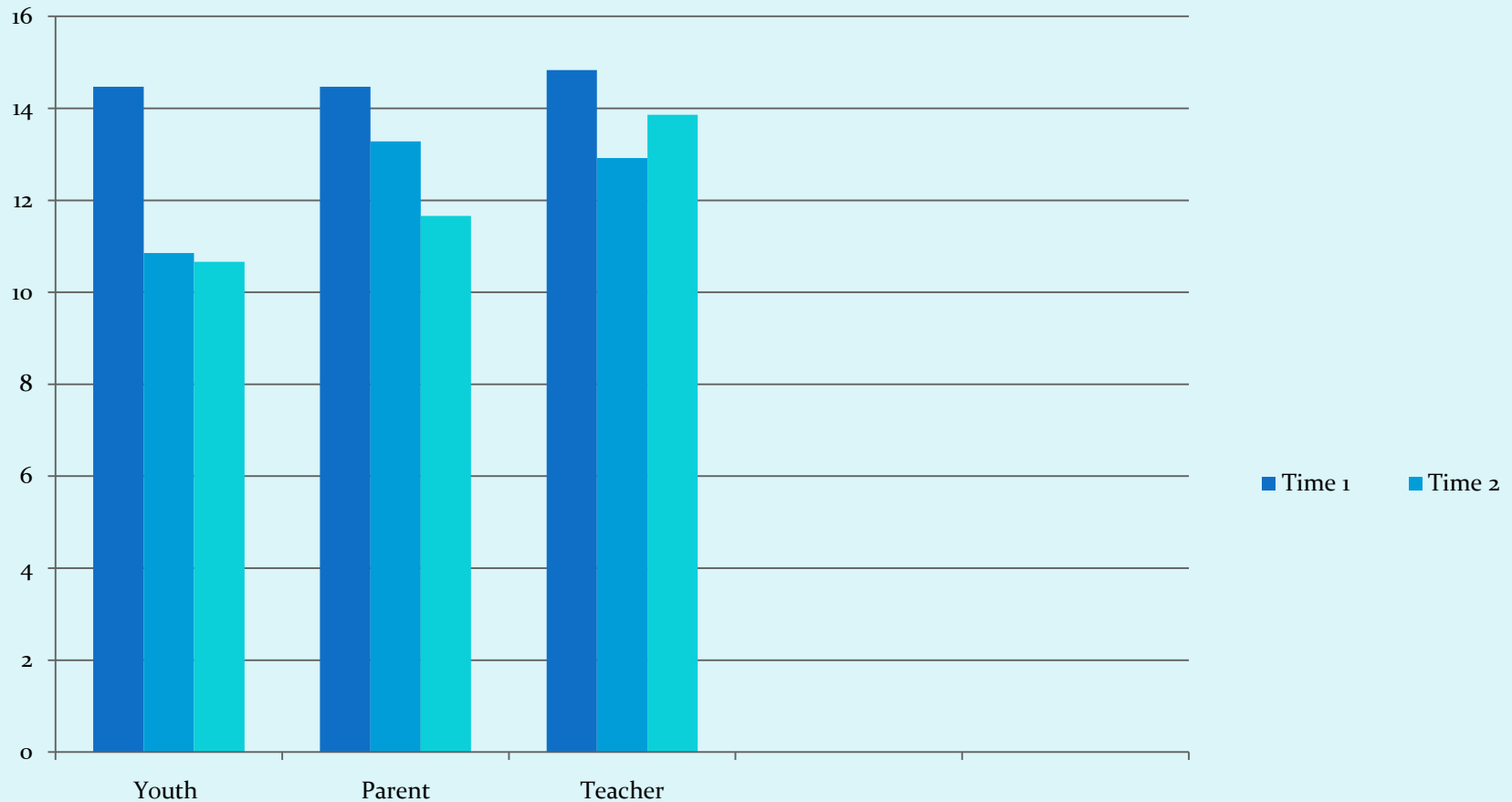
Response Rate



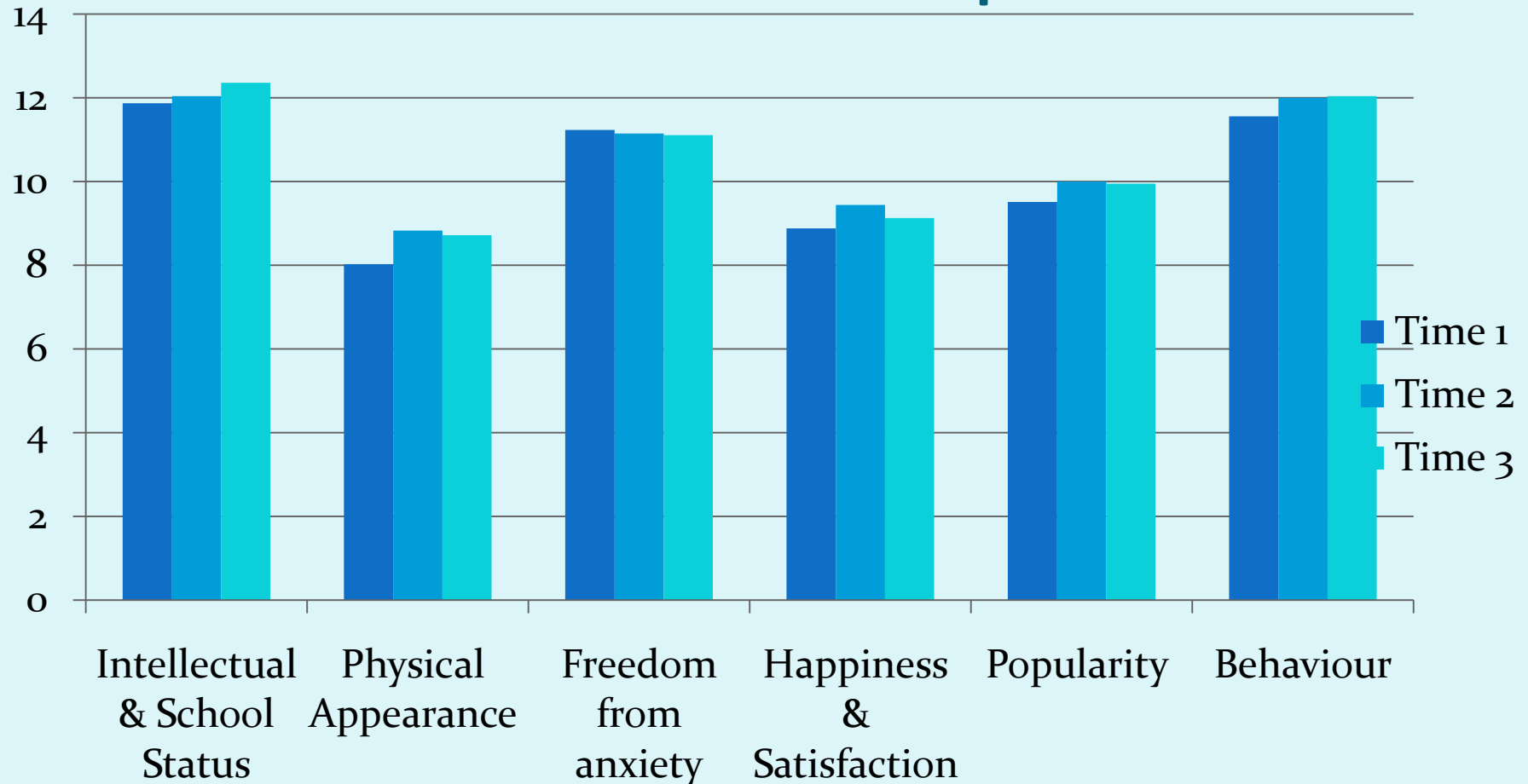
NUMBER OF SESSIONS COMPLETED



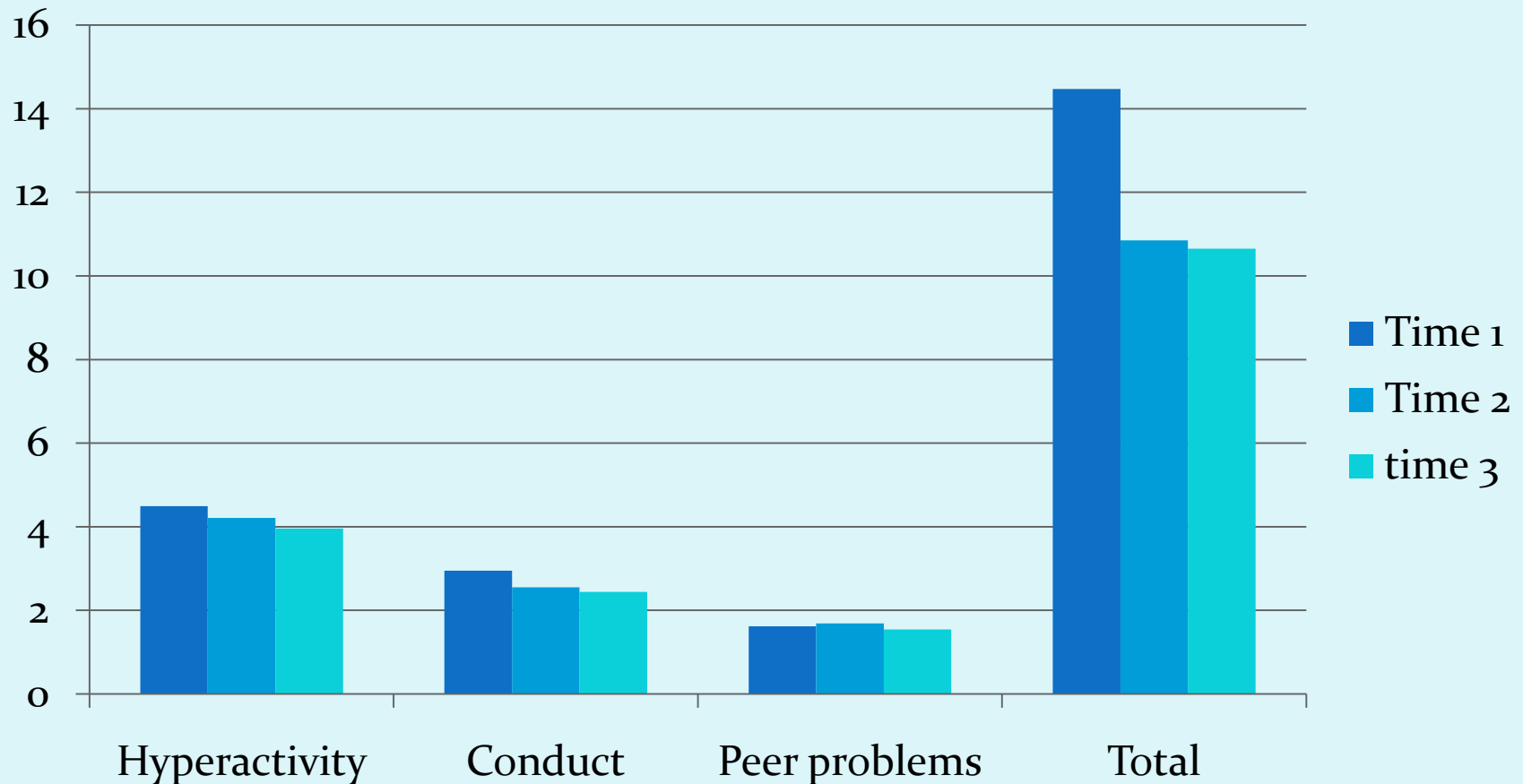
Strengths & Difficulties Total Scores



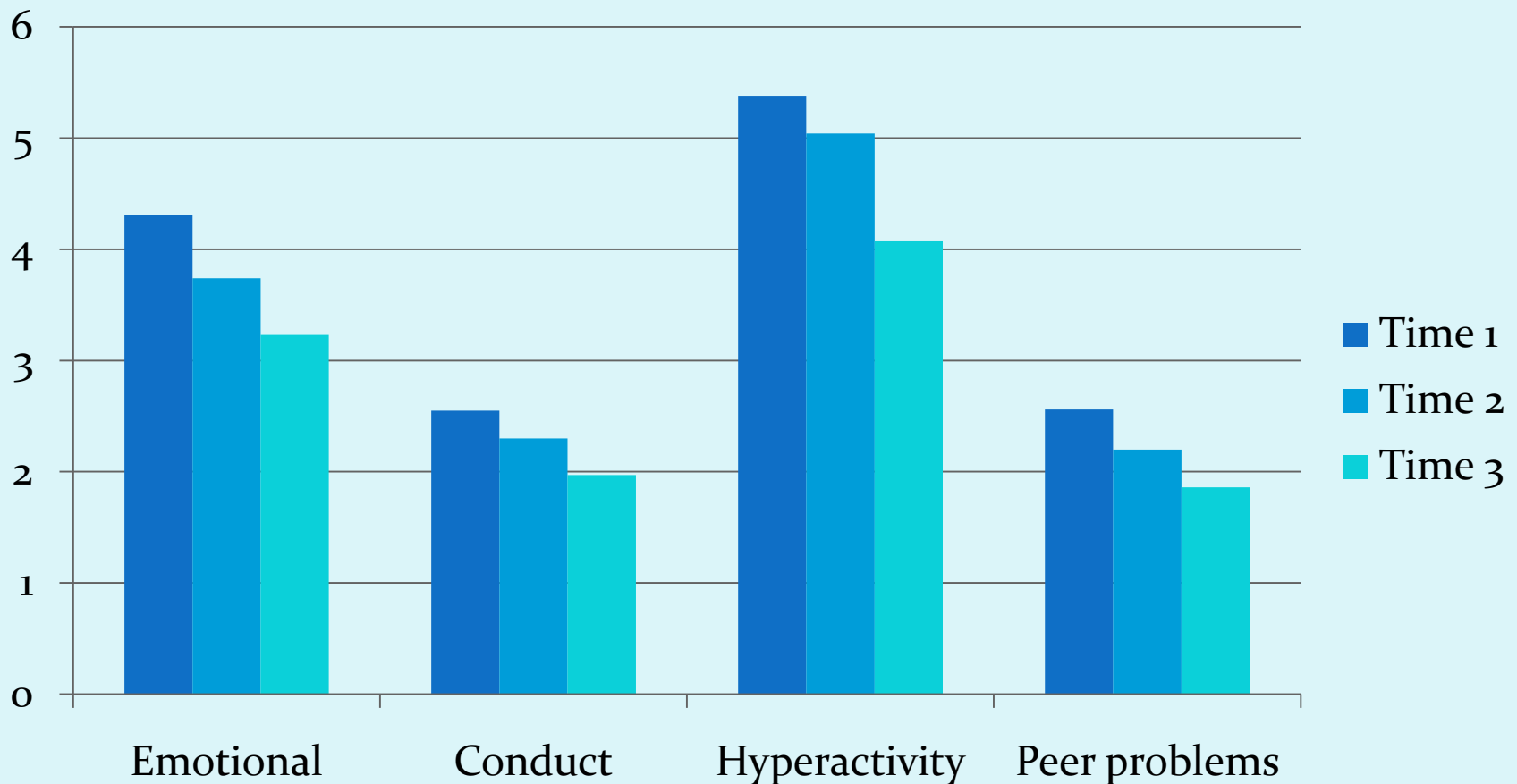
Piers Harris Self-concept



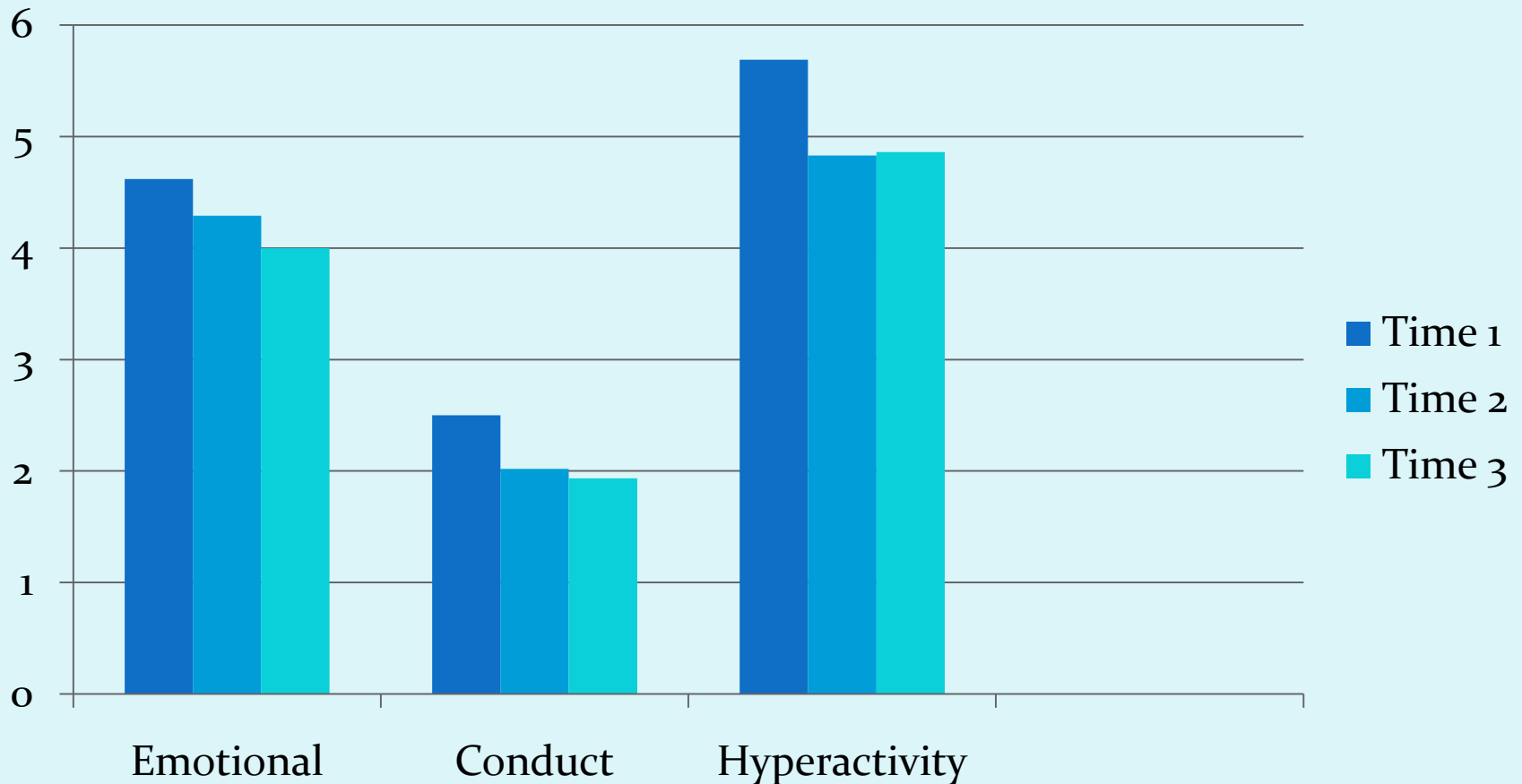
Strengths and Difficulties Young People



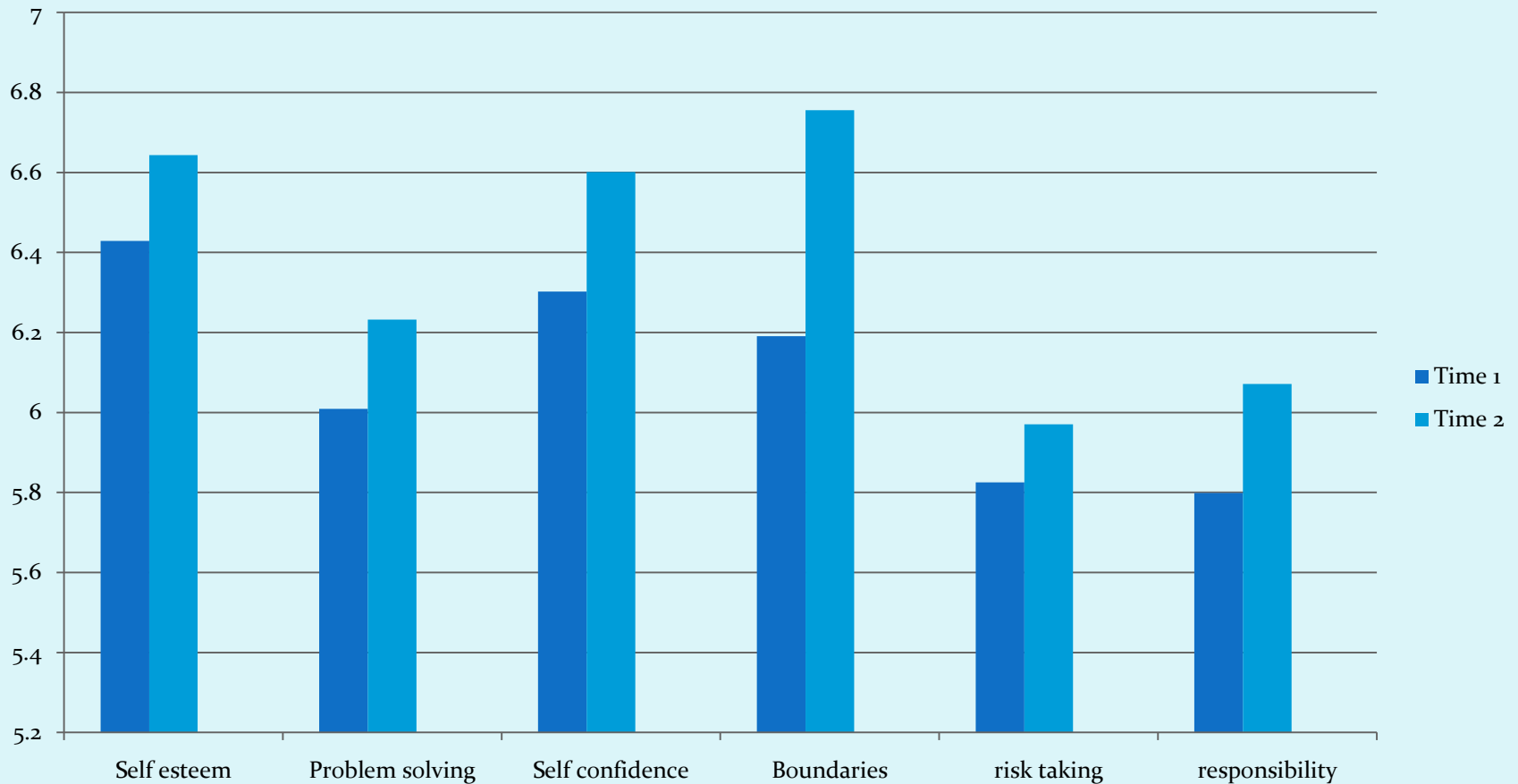
Strengths & Difficulties Parents



Strengths & Difficulties Teachers



Life Effectiveness Questionnaire



About listening.....

- It makes me listen a lot more to what people have to say - Before I'd listen, hear it, but I wouldn't really listen to it, like take consideration
- I'd hear people, but I wouldn't listen
- But, now I , I'm a listener. I'd sit down and listen to someone talk for hours, I'd understand and say how I'd feel

About confidence.....

- “I feel more confident in school and around people now”
- “she’s a lot more confident in different things that she does”

Conclusions....at this point

