

Transfer of iodine from animal feed into pork and milk

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Background

The trace element iodine (I) is characterized by a high risk for deficiency but also for overdosing. Besides salt iodination, I can be added to animal feed to concentrate it in food of animal origin (milk, eggs, meat). Otherwise an excessive I intake of men should be obviated by maximum levels in animal feed. Objective of the studies was to evaluate the I content of pork, other edible pig fractions and milk at various feed I supplementations. Furthermore the impact of rapeseed (I antagonist) in the ration and the applied iodine species on the milk iodine concentration should be investigated.



Material and Methods

Pig trial

- 70 BHZP-hybrids in 5 groups
- supplementations 0, 0.5, 1, 2 and 5mg I/kg diet
- Analysis of iodine content in thyroid, muscle/fat, innards/blood

Dairy cattle trial

- 32 German Holstein cows
- Comparison of rapeseed meal (RSM, 3.5µmol glucosinolates/g) with distillers dried grains with solubles (DDGS)
- Comparison of applying KI (iodide) or Ca(IO₃)₂ (iodate)
- 4 groups: DDGS/iodide (1), DDGS/iodate (2), RSM/iodide (3), RSM/iodate (4)
- 7 periods (21 days) with supplementations of 0, 0.5, 1, 2, 3, 4 and 5mg I/kg DM

Results

Pig trial

- Iodine concentration of muscle/fat increased significantly up to 17.1 µg/kg (Table1)
- Significant increase of iodine content in thyroid but not in innards/blood (Table 1)
- Carry over into muscle/fat 0.10-0.24%

Dairy cattle trial

- Significant increase of milk iodine content with rising supplementation (Figure 1)
- Significant reduction of milk iodine by application of rapeseed meal
- No significant differences between application of KI or Ca(IO₃)₂
- Carry over 11-25% with RSM in the ration and 30-56% with DDGS

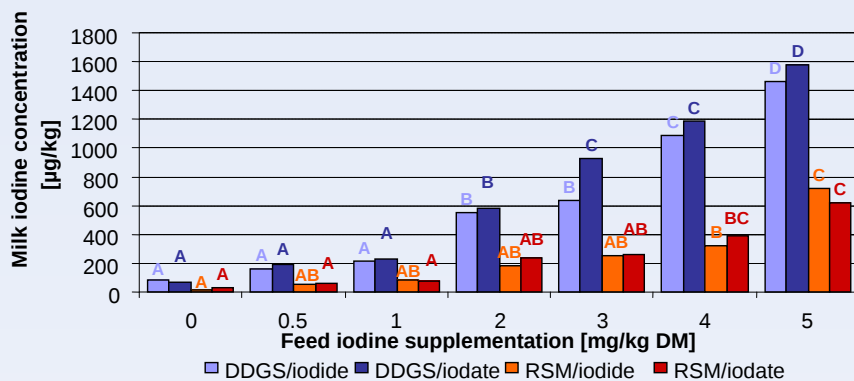
Conclusions

The I content of pork, and consequently its contribution to human I supply (~1 %), is very low, even at high supplementation of feed. In contrast the milk I concentration increases intensively with rising I content of feed and even may lead to exceeding the Upper Levels in human nutrition at the highest recently permitted iodine concentration of feed (5mg/kg). Therefore the maximum level in cow's feed has to be reevaluated. When estimating the iodine content of milk from the iodine concentration of feed the application of RSM with the ration has to be considered.

Table 1: Iodine concentration of the thyroid and the fractions innards/blood and muscle/fat at the various iodine supplementations (mean ± SD, n=4)

Supplementation	mg/kg	without	0.5	1.0	2.0	5.0
Analysis	mg/kg	0.17	0.41	0.99	2.20	4.38
Thyroid gland	µg/g	620 ^A ± 71	1054 ^B ± 280	1154 ^B ± 191	1699 ^C ± 184	1645 ^C ± 159
Innards/blood	µg/kg	94 ± 61	63 ± 40	138 ± 73	230 ± 145	126 ± 38
Muscle/fat	µg/kg	3.9 ^A ± 0,6	6.0 ^B ± 1,9	8.5 ^B ± 1,9	10.8 ^B ± 1,2	17.1 ^C ± 1,5

ABC show significant differences in a row (P<0.05)



ABCD show significant differences between the supplementation levels in the respective groups (P<0.05)

Figure 1: Milk iodine concentration in the groups and different supplementation levels (LSMEANS, n=8)

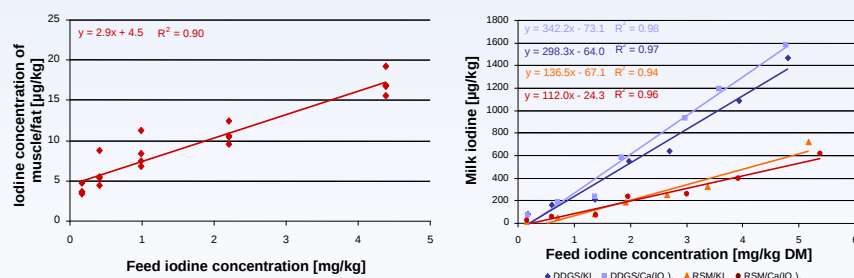


Figure 2: Dependence of iodine concentration of muscle/fat of pigs and milk iodine concentration of dairy cows on iodine concentration of feed

