

# Effects of Growth Hormone (GH)-Releasing Hormone, Thyrotropin-Releasing Hormone and GH-Releasing Hexapeptide on Prolactin and GH in gilts

D. Outor-Monteiro<sup>1</sup>, R.B. Mestre<sup>1</sup>, A.A. Colaço<sup>1</sup>, L.F. De-La-Cruz<sup>2</sup>, A.L.G. Lourenço<sup>1\*</sup>



<sup>1</sup>CECAV-UTAD Department of Animal Science, Vila Real, Portugal

<sup>2</sup>USC Facultad de Veterinaria, Lugo, Spain

\*analou@utad.pt

## Objective

- Evaluate the effects of acute administration of Growth Hormone (GH) -Releasing Hormone (GHRH), Thyrotropin-Releasing hormone (TRH), GH-Releasing Hexapeptide (GHRP<sub>6</sub>), GHRH+TRH and GHRH+TRH+GHRP<sub>6</sub> on Prolactin (PRL) and GH in gilts

## Introduction

- GH and PRL promote protein synthesis, amino acids and monosaccharide uptake and an increase of the insulin – like growth factors.
- hGHRH (1-29) NH<sub>2</sub> (GHRH) is a human GHRH with the same 29 initial amino acids of hGHRH (1-44) NH<sub>2</sub> with a potent effect in pigs.
- GHRP<sub>6</sub> is responsible for a dose-dependent output of GH, it's pathway is distinct from the one used by GHRH.
- TRH increases PRL in sows and PRL and GH in hers foetuses. GHRH+TRH administration has a synergic effect on GH release in bovines and birds.

## Methods

- Animals.** Six Large White x Landrace gilts, 8 months of age, 130 ± 12 kg BW.
- Treatments.** iv single dose of GHRH, TRH, GHRP<sub>6</sub>, the first two (II), all three peptides in combination (III) and NaCl (control).
- Dose.** 2 µg/kg for GHRH and TRH and 8 µg/kg for GHRP<sub>6</sub>.
- Analysis.** GH and PRL analysed by RIA.
- Design.** Over 6 consecutive days, each gilt was daily infused with a different treatment. Blood samples withdrawn at -15, 0, 5, 10, 15, 20, 30, 45, 60, 90, 120 min around time of injection (14:00 h).
- Statistical analysis.** 6x6 latin square. t-Student test (P<0.05). Proc GLM of SAS.

## Results

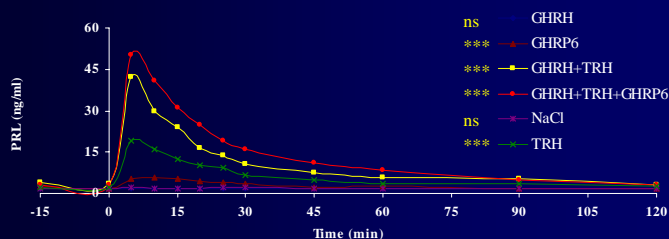


Figure 1 – PRL plasma levels. P-values of t-student test between means within treatment (\*\*\*) - P<0.001; ns - P>0.10).

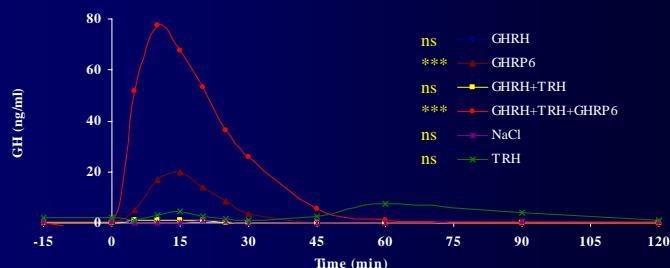


Figure 2 – GH plasma levels. P-values of t-student test between means within treatment (\*\*\*) - P<0.001; ns - P>0.10).

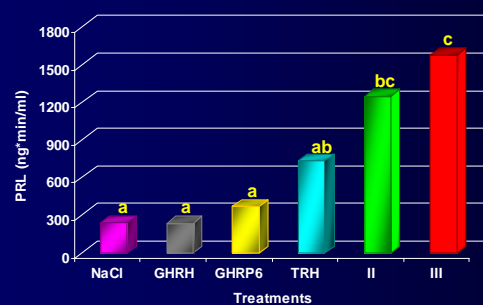


Figure 3 - Areas under PRL plasma levels curves after each treatment. Means with different letters differ (P<0.05)

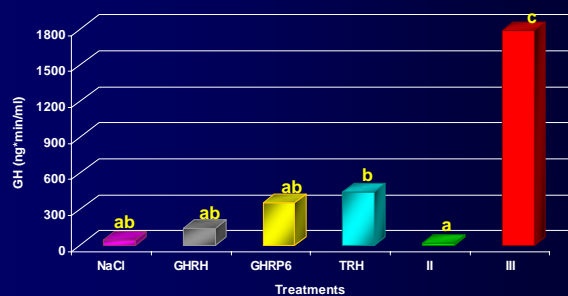


Figure 4 - Areas under GH plasma levels curves after each treatment. Means with different letters differ (P<0.05)

## Conclusions

- TRH promoted the highest PRL rise. Apparently this hormone exerts a synergic effect with GHRH and the previous two an additive effect with GHRP<sub>6</sub> over PRL level.
- GHRP<sub>6</sub> was the only isolated peptide promoting a rise in the GH level and treatment III suggests a synergic effect of these three peptides on the GH level.
- Area under curves show a rise on PRL levels just when the peptides were administered in combination and on GH levels just for the combination of the three peptides.